

**Don't wait; get answers
to your questions now!**

For information on how young children develop and ideas to help your child learn and grow, visit www.helpmegrowmn.org.

If you have concerns about your child's development, refer the child for a free screening or evaluation online at www.helpmegrowmn.org or call **1-866-693-GROW (4769)**.



**When Parents Know...
Children Grow**



Visit:

www.helpmegrowmn.org

Call:

1-866-693-GROW (4769)



Help Me Grow is an interagency effort of the Minnesota Departments of Education, Health, and Human Services, and their local programs to identify young children with developmental delays or disabilities for intervention services.

**Development resources
for children 0-5**





Referring a Child is Easy

Anyone can refer a child ages birth-5, including a parent, family member, friend or professional who works with the family. There are three ways to refer a child:

- Online at www.helpmegrowmn.org.
- Phone **1-866-693-GROW (4769)**. Language lines are available.
- Call the local school district where the child lives.

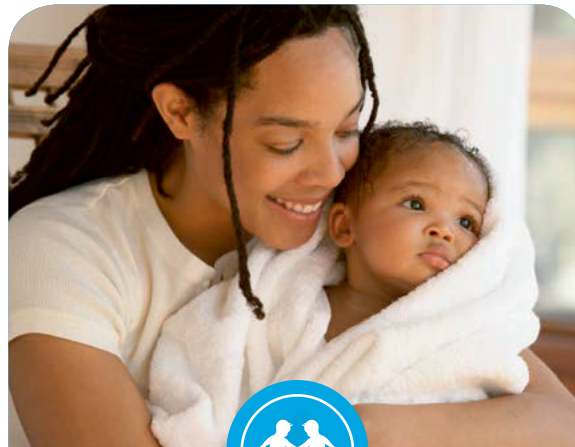
Some Babies and Young Children Need Extra Help to Learn and Grow

While all young children grow and change at their own rate, some children have delays in their development. Special health conditions may affect a child's development.

Why Get Help Early?

Getting early intervention services as soon as possible will ensure the best outcomes for the child. High-quality services can reduce future problems in learning, behavior and health.

If you have concerns about a child's development, and think a child might need extra help to learn and grow, please make a referral today.



If you see any of these signs, refer now:

- No babbling, pointing or other gestures by 12 months
- No single words by 16 months
- No two-word phrases by 24 months
- ANY loss of language or social skills at ANY age

What Happens After a Child is Referred?

The local school district will contact the family to plan a screening or evaluation. This will help find out if the child is eligible for Infant and Toddler Intervention or Preschool Special Education services.

Eligible children receive services in their home, childcare setting or preschool. These services are **free**, regardless of income or immigration status.

Services are based on the child's needs in order to help him or her learn and grow. Early childhood specialists work with children and families to plan the services and supports needed.

Services may include:

- Special instruction and speech, physical and occupational therapy
- Ways that a family can support their child's learning at home
- Connections to community services and programs

