



Igu Caawi Koritaanka: Marka Waalidku Ogyahay, Caruurtu Waa Korayaan

Dhallaannada qaarkood caruurta yaryar qaarkood waxay u baahanyihiin caawimaad dheeraada si ay wax u bartaan una koraan. Muddada caruurta yaryar oo idil ay korayaan iyo heerrarkodu isbaddalayaan, caruurta qaarkood waxaa la soo gudboonaada dib-u-dhac xagga koritaankooda. Xaalado caafimaad ee qaasa ayaa laga yaabaa in ay saameeyn ku yeeshaan caruurta koritaankooda, badanaaba. Helitaanka adeegyada soo dhexgalka hore ee kolba suurtagalka ah waxay hubin doontaa natiijooyinka korriimada ugu wacan ee caruurtaan.

Igu Caawi Koritaanka: Soo-dhexgaka Dhallaanka iyo Socodbaradka (Help Me Grow: Infant and Toddler Intervention) waa adeegyo qaasa oo qoysaska ka taageeraya waqtiga dhalashada illaa 2 jirka oo qaba korriimada raagta ama calaamado cudurka xagga jirka qaarkood ama xaalado cillado xagga dhimirka ama cudurro oo raagitaanku uu sababo.

Igu Caawi Koritaanka: Waxbarashada Qaaska ee Dugsiga Barbaarinta (Help Me Grow: Preschool Special Education) waxaa loogu talagalay caruurta 3 illa 5 jirka oo u qalanta qaabka koritaanka raaga ama naafonimada kale, iyo ay kala soo gudboonaatay dhibaatooyin kale xagga waxbarashadooda iyo koritaanka. Caruurtu waxay u qalmi karaan haddii aanay awoodin in ay waxbartaan, hadlaan ama ciyaaraan sida caruurta la da'aadda ah.

Marka loo diro Igu Caawi Koritaanka, soo dhexgalka hore ee maxalliga ama shaqaalaha waxbarashada qaaska ee dugsiga barbaarinta waxay la soo xariiri doonaan qoyska si loo go'aamiyo haddii loo baahanyahay baaritaan dhammaystiran ama qiimayn lagu ogaanayo u qalmidda.

Waxaa jira saddex tallaabo oo fudud si lagula xariiro shabakadda internetka caruurta:

1. Booqo HelpMeGrowMN.org.
2. Riix "Refer a Child" button.
3. Buuxi foomka iyo riix "Send this Referral."

Si canug telefoonka looga soo xariiryo, wac (866) 693-GROW (4769).

Caruurta u qalma adeegyada waxay ku qaadan karaan guryahooda, rugaha daryeelka caruurta ama dugsiga. Adeegyadaan waa kuwa **lacag-la'aana** u ah caruurta u qalma, iyadoo aan loo eegayn xaladahooda daqliga ama soo-galootinimada.

Xeel-dheerayaasha caruurnimada hore waxay la shaqayn doonaan caruurta u qalanta iyo qoysaska si loo qorsheeyo adeegyada iyo lagu taageero baahida ay qabaan. Adeegyada waxaa ku jiri kara:

- Tilmaamo qaasa iyo adeegyo kale, sida hadalka, jirka iyo xirfado daawayn;
- Siyaabaha qoysku uu guriga ugu caawin karo koritaanka canuggooda, iyo
- Iskuxirrada uu la yeelanayo adeegyada jaaliyadda iyo barnaamijyada.

Tallaabadan waxaa lagu suurtagaliyay heshiis dhexmaray hay'adaha Waaxda Waxbarashada Minnesota illaa Metro ECSU iyado la isticmaalayo maalgalinta federaalka ee sharciga CFDA lambarka 84. 181 ee Maalgalinnada Waxbarashada Qaaska ee loogu talagalay Dhallaanada iyo Qoysaska Naafonimada qaba.



Help Me Grow: When Parents Know, Children Grow

Some babies and young children need extra help to learn and grow. While all young children grow and change at their own rate, some children experience delays in their development. Special health conditions may affect children's development, too. Accessing early intervention services as early as possible will ensure the best developmental outcomes for these children.

Help Me Grow: Infant and Toddler Intervention are special services and supports for families with children ages birth through 2 who have developmental delay(s) or certain diagnosed physical or mental conditions or disorders that may result in a delay.

Help Me Grow: Preschool Special Education is for children ages 3 to 5 years who meet state eligibility criteria for developmental delay(s) or other disability, and who are experiencing challenges in their learning and development. Children may be eligible if they are not able to learn, speak or play like other children who are the same age.

After a referral is made to Help Me Grow, local early intervention or preschool special education staff will contact the family to determine whether a comprehensive screening or evaluation is needed to determine eligibility.

There are three simple steps to refer a child online:

4. Visit HelpMeGrowMN.org.
5. Click "Refer a Child" button.
6. Fill out form and click "Send this Referral."

To refer a child by phone, call (866) 693-GROW (4769).

Eligible children can receive services in their home, child care setting or school. These services are **free** to eligible children, regardless of income or immigrant status.

Early childhood specialists will work with eligible children and families to plan the services and supports they need. Services may include:

- Special instruction and other services, such as speech, physical and occupational therapy;
- Ways that a family can support their child's development at home; and
- Connections to community services and programs.

This initiative is made possible through an interagency agreement from the Minnesota Department of Education to the Metro ECSU using federal funding under CFDA number 84.181 Special Education Grants for Infants and Families with Disabilities.